

## "HOW IT WORKS" PREAMBLE

The "How It Works Group" of Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other, that they may solve their common problem and help others to recover from alcoholism.

There are no dues or fees to pay, we are self-supporting through our own contributions.

The tremendous fact for us is that we have discovered a common solution to alcoholism. We have a way out on which we can absolutely agree, and upon which we can join in brotherly and harmonious action. This is the great news contained in the Big Book of Alcoholics Anonymous, and the sole purpose of our group is to carry this message to the alcoholic who still suffers.

If you are as seriously afflicted by alcoholism as we are, we believe there is no middle-of-the-road solution. We were in a position where life was becoming impossible, and once we passed into the region from which there is no return through human aid, we had but two alternatives: One was to go on to the bitter end, blotting out the consciousness of our intolerable situation as best we could; and the other, to accept spiritual help. This we did because we honestly wanted to, and were willing to make the effort.